



100 State Street, Suite 200
 Erie, PA 16507
 (833) 756-3738
 OneSeniorCare.com



Empowering Seniors to Age with Dignity and Independence

Leadership

Craig Wolford | Chief Operating Officer
 Craig Wolford brings extensive experience in the senior care industry, having worked for several leading providers. He is responsible for the day-to-day operations of ONE Senior Care, ensuring that all services are delivered with the highest quality and efficiency. He holds a Bachelor's degree in Business Administration from Pennsylvania State University.



As a former CEO of a large senior care provider, Craig has a proven track record of leading teams through complex challenges and driving operational excellence. He is passionate about creating a culture of care that empowers our staff and residents alike.

Dr. Jerry Wilborn | Chief Medical Officer



Dr. Jerry Wilborn is a highly respected medical professional with over 20 years of experience in the senior care industry. He has served as the Chief Medical Officer for several leading providers, where he has been instrumental in developing and implementing comprehensive medical programs to ensure the highest quality of care for our residents.



A photograph of a caregiver in blue scrubs leaning over to hold the hand of an elderly woman sitting on a couch. The caregiver is smiling and looking at the woman, who is also smiling and looking up at the caregiver. The setting is a bright, modern living room with large windows and a potted plant.

Empowering Seniors to Age with Dignity and Independence

One Senior Care provides personalized, all-inclusive quality healthcare to seniors to help them age safely and independently in their own homes and communities for as long as possible. One Senior Care is uniquely committed to providing PACE to seniors residing in underserved rural areas. Through its PACE (Program of All-Inclusive Care for the Elderly) programs – LIFE-NWPA, Cherry Blossom PACE, and Mountain View PACE – seniors can age at home with dignity, independence, and comprehensive care.

PACE addresses medical, social, and emotional needs while eliminating out-of-pocket costs, ensuring better health and quality of life. Implementing solutions like specialized transportation, 24/7 on-call medical services, telehealth, and in-home skilled care, One Senior Care overcomes geographic barriers to deliver essential care, enabling seniors to remain in their homes and communities.



Helping Seniors Live at Home



Helping Seniors Live at Home



Program of All-Inclusive Care for the Elderly

We envision a world where all seniors, especially those in rural, underserved, and Appalachian communities, have access to comprehensive, person-centered healthcare and social services that allow them to live safely and independently in their homes.



Services and Programs

One Senior Care's services and programs allow seniors to age at home with supportive, comprehensive care tailored to their needs. By eliminating out-of-pocket costs, the organization ensures access to vital resources without financial barriers. Participants remain in their communities and close to their families, fostering a sense of belonging and continuity while receiving high-quality care.

One Senior Care provides an alternative to institutional care for people 55 or older. The cost of the program is based on Medicare and Medicaid eligibility. There is no cost for seniors eligible for both Medicare and Medicaid or Medicaid.



Core Services

- 24/7 On-Call medical services
- In-home care services (housekeeping, laundry, groceries and meal preparation, personal care)
- Adult day health care centers
- Physical, occupational, and speech therapies
- Dental, vision, hearing, and more



Additional Offerings

- Socialization programs and wellness activities
- Spiritual care and emotional support
- Pharmacy and medication management with no prescription copays
- Nutrition and meal planning services
- Durable medical equipment and supplies



Stay Independent Stay at Home

Participant-Centered Approach

At the heart of One Senior Care's mission is a commitment to delivering care tailored to each participant's unique needs and preferences. This participant-centered approach ensures that seniors receive personalized support, empowering them to maintain their independence and quality of life.

Individualized Care Plans

Care plans are developed collaboratively with participants and their families, considering medical conditions, personal goals, cultural preferences, and daily living needs. Each plan is flexible and evolves as participants' needs change over time.

Interdisciplinary Care Team

An Interdisciplinary Team of healthcare professionals works closely to design and implement these personalized care plans. The team includes physicians, nurses, social workers, dietitians, therapists, and other specialists collaborating to address every aspect of a participant's well-being. This comprehensive approach ensures seamless and holistic care.

Success Stories



Richard's Story

With mobility and transportation challenges, Richard enrolled in LIFE-NWPA. He can now get to his appointments and get the care and medicine he needs.

"Before, I had to struggle to get what I needed. LIFE provided all of that for me. It is just an awesome place. They give you great medical care. You can't beat the place."

— Richard, LIFE-NWPA Participant



Cynthia's Story

Cynthia did not leave the house much after a stroke. Her kids noticed she was depressed. Her daughter contacted LIFE-NWPA. "It's been the best thing that could happen to me.

They've really helped me out because I am no longer depressed. I can get out and see people and go someplace where I know I will feel safe."

— Cynthia, LIFE-NWPA Participant



Compliance and Accreditation

One Senior Care and its affiliated PACE programs adhere to the highest regulatory compliance and quality assurance standards. Each program is fully licensed and operates under the guidelines established by federal and state regulatory agencies, including Medicare and Medicaid.

Accreditation and Certifications

- Certified by the National PACE Association (NPA) for excellence in delivering all-inclusive care to seniors.
- Compliant with Centers for Medicare & Medicaid Services (CMS) requirements for PACE programs.
- Regularly audited to ensure adherence to healthcare regulations, safety standards, and participant satisfaction.

Commitment to Excellence

- Continuous staff training and professional development to meet evolving healthcare needs.
- Implementation of evidence-based practices to enhance service delivery.
- Robust quality improvement programs are designed to exceed compliance benchmarks and deliver exceptional care.

Through these efforts, One Senior Care ensures that participants receive reliable, high-quality services that empower them to live healthier, more independent lives.



LIFE
NORTHWESTERN PA

Serving Seniors in 12 Counties

Helping Seniors Live at Home

LIFE-NWPA (Living Independence for the Elderly) is a cornerstone of One Senior Care's mission, providing exceptional care to seniors across Northwestern Pennsylvania. It has successfully provided preventative and holistic healthcare to seniors since 2008. Seniors who would otherwise be residing in a skilled nursing facility or who may be at risk of institutional placement are cared for in the comfort of their own homes with the support of the LIFE team.

Operating in one of Pennsylvania's most expansive rural regions, LIFE-NWPA has overcome geographic challenges to deliver accessible healthcare and social support to seniors who otherwise face significant barriers. Through its dedication to personalized care and innovative service delivery, LIFE-NWPA has transformed the lives of countless seniors, enabling them to thrive within their communities.

Key Features

- A vibrant Day Center that fosters socialization, wellness activities, and spiritual care.
- Comprehensive medical services, including primary care and specialist services.
- In-home support services tailored to individual needs, including meal preparation, personal care, and housekeeping.
- Reliable "through the door" transportation to medical appointments and the Day Center.



Cherry Blossom PACE

Program of All-Inclusive Care for the Elderly

Compassionate Care Rooted in the Community

Cherry Blossom PACE serves Northern Virginia, one of the most populated areas of the United States. Our focus in this market is on serving seniors in underserved communities with dignity and respect, people who may be overlooked because of income, race, or neighborhood.

Cherry Blossom PACE is uniquely positioned to meet the diverse needs of seniors who rely on its services for independence and well-being. For example, a recent participant, Beverly, expressed her gratitude for the program's ability to provide personalized care that allowed her to stay close to her family.

Cherry Blossom PACE has gained recognition for its innovative approach to senior healthcare, ensuring that participants in underserved areas are never left behind.

Key Features

- Holistic care plans developed by an interdisciplinary team of healthcare professionals.
- 24/7 On-Call Medical Services.
- Access to therapy services, including physical, occupational, and speech therapy, to promote mobility and quality of life.
- Culturally sensitive care that respects participants' backgrounds and traditions.
- A welcoming Day Center that offers nutritious meals, engaging activities, and emotional support.
- Medication management and no prescription copays.
- Transportation to appointments and Day Center.
- Housekeeping and laundry services.



"They have a bus every day to pick up people and bring them to the Center. We have a lot of activities going on. You get to sit down and eat lunch with your friends. They have aids that will come to your house and help you. They help get me dressed. They give me breakfast. It's really a nice program for the elderly."

— Beverly, Cherry Blossom PACE Participant



Mountain View PACE

Helping Seniors Live at Home

Bringing Quality Care to Rural Appalachian Communities

Mountain View PACE exemplifies One Senior Care's vision of bridging healthcare gaps in rural communities. Located in a region where access to healthcare can be challenging, Mountain View PACE has become a beacon of hope for seniors seeking dependable and compassionate care.

The Mountain View PACE interdisciplinary team (IDT) includes physicians, nurses, personal care assistants, therapists, social workers, dietitians, transportation workers, and spiritual support workers. This team collaborates to develop personalized care plans that address each participant's physical, emotional, social, and spiritual needs.

In 2024, Mt. View PACE opened two Day Centers. These centers provide various services, including medical care, therapy, social work support, transportation, and nutritious meals, all designed to help seniors age independently at home. Within the next few years, more ACS Centers will expand services throughout Eastern Kentucky.

Mountain View PACE demonstrates how a participant-centered approach can create meaningful connections and significantly improve the lives of seniors in rural settings.

Key Features

- 24/7 On-Call Care with clinical providers available around the clock for urgent medical issues.
- In-home care services designed to support aging in place, including assistance with groceries, personal hygiene, and home maintenance.
- Preventative healthcare programs that reduce hospitalizations and improve overall wellness.
- Transportation services that eliminate logistical barriers to receiving care.
- A welcoming Day Center that offers nutritious meals, engaging activities, and emotional support.

Community Impact

One Senior Care's programs significantly benefit the broader community by addressing challenges beyond the individual participant level. For example, the organization provides essential healthcare services to rural areas where hospitals and clinics are often inaccessible, and its comprehensive support programs reduce caregiver burden by offering reliable alternatives for senior care. By reducing the caregiver burden, One Senior Care programs enable families to focus on their personal and professional lives with peace of mind, knowing their loved ones are receiving exceptional care.

Additionally, One Senior Care creates job opportunities within rural communities, from healthcare professionals and support staff to transportation providers, bolstering local economies and fostering community growth.



Voices of Impact

- Participants often express gratitude for the comprehensive care that allows them to remain in their homes while maintaining independence and dignity.
- Family members frequently share how the program has alleviated their stress and improved their ability to balance caregiving with other responsibilities.
- Staff members highlight the fulfillment they gain from working in an environment where their contributions directly enhance the quality of life of local seniors.
- Through these efforts, One Senior Care transforms individual lives and strengthens the fabric of its communities. For example, the organization has created over 500 jobs across its service areas, reducing the caregiver burden for hundreds of families.

One Senior Care and its affiliated PACE programs – LIFE-NWPA, Cherry Blossom PACE, and Mountain View PACE – exemplify how innovative healthcare models can transform lives in underserved areas. By addressing the unique challenges of rural communities, One Senior Care ensures that seniors are empowered to live independently while receiving the highest standard of care.



These programs embody our unwavering dedication to improving senior healthcare, one community at a time.

Leadership

Craig Worland | Chief Operating Officer



Craig Worland brings experience leading and expanding healthcare organizations to One Senior Care. Before joining the company, he served as Chief Development Officer at Southeast Primary Care Partners, overseeing mergers and acquisitions, integrations, population health initiatives, payor contracting, and strategic partnerships. He played a pivotal role in driving growth and operational excellence.

As a parent of a child with special needs, Craig understands the importance of ensuring that individuals with chronic healthcare conditions receive the personal care they deserve. He believes that PACE is the best healthcare model for older Americans.

"I'm honored to join One Senior Care, which has great potential to expand this truly integrated and participant-centered program to serve more older adults and communities nationwide." — Craig Worland

Dr. Jerry Wilborn | Chief Medical Officer



Dr. Jerry Wilborn brings over 25 years of experience in post-acute care to One Senior Care, where he collaborates with the organization's medical directors to drive clinical strategy and improve health outcomes. Before joining One Senior Care, Dr. Wilborn co-founded Continuum Geriatric Services, growing the practice to serve more than 60 nursing homes and assisted living facilities with approximately 105,000 annual patient visits. In 2010, Continuum was acquired by IPC, The Hospitalist Company. Over the next 14 years, Dr. Wilborn played a key role in expanding IPC's presence in post-acute care settings nationwide.

"Over the last few years, it's become increasingly clear that seniors want to age in their own homes. We are making this a reality for older adults in Pennsylvania, Virginia, Kentucky, and soon, Ohio." — Dr. Jerry Wilborn

Interdisciplinary Care Team

- Highly skilled physicians, nurses, therapists, social workers, and dietitians collaborate to create personalized care plans.
- Team members bring extensive experience in chronic disease management, rehabilitation, and mental health support.
- Staff are trained in culturally sensitive care and evidence-based practices to address the unique needs of rural populations.

The combined expertise of One Senior Care's leadership and Interdisciplinary Team fosters a culture of innovation, compassion, and excellence in serving seniors in underserved and rural communities.